

*register  
now!*

**WHEN**

*Saturday | Sept 15, 2018 | 6-9pm*

**WHERE**

*North Cove Marina, New York City  
The dock is best located from the corner  
of 225 Liberty St and South End Ave*

**COST**

*\$85 per person*

*Seating limited. Reserve your place now!*

**HOW TO REGISTER**

*[www.deniserizvi.com/classes-and-events/](http://www.deniserizvi.com/classes-and-events/)*

On this unique sail, enjoy a peaceful guided meditation while you relax and soak in the view of the NYC Skyline at sunset. Sit back as your stress melts away.

As part of our cruise through the New York harbor, catch highlights of the Brooklyn Bridge and an especially close encounter with the Statue of Liberty. Guests are encouraged to bring along their own wines, cheeses, and favorite finger foods.

**QUESTIONS? CONTACT DENISE AT**

(973) 936-8068

[denise@deniserizvi.com](mailto:denise@deniserizvi.com)

**SUNSET  
MEDITATION  
SAIL**

*hosted by Denise*

*ALL ABOARD THE  
PRIVATELY OWNED  
SAILING YACHT,  
VENTURA!*



**ENJOY THIS UPSCALE, EXCLUSIVE EXPERIENCE  
ABOARD THE CLASSIC 99 YEAR OLD YACHT,  
VENTURA. SHE'S A NATIONAL LANDMARK AND  
A GATSBY ERA FLOATING MUSEUM!**